

Pumpkin Cake



Makes:

10 servings

Utensil:

12" Electric Oil Core Skillet
large mixing bowl

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Recipe:

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3 cups
flour
(375
g)
1 teaspoon
baking soda
(5
mL)
1 teaspoon
salt
(5
mL)
3 teaspoons
cinnamon
(15
mL)
2 cups
pumpkin, cooked or canned
(490
g)
1 cup
sugar (or 2 teaspoons/10 mL stevia)
(200
g)

Directions:

1. In a large mixing bowl, combine all dry ingredients.
2. Add pumpkin and eggs. Blend well to combine.
3. Line the electric skillet with parchment paper. Pour batter into skillet and cover. Set temperature to 305°F/150°C and bake for 50 minutes.
4. If desired, spread a thin layer of frosting over cake before serving.

[Nutritional Information per](#)

▼ [Serving](#)

Calories: 261
Total Fat: 3g
Saturated Fat: 1g
Cholesterol: 85mg

Sodium: 390mg

Total 53g

Carbs:

Dietary Fiber: 3g

Sugar: 22g

Protein: 7g

Frosting not included in nutrition analysis
