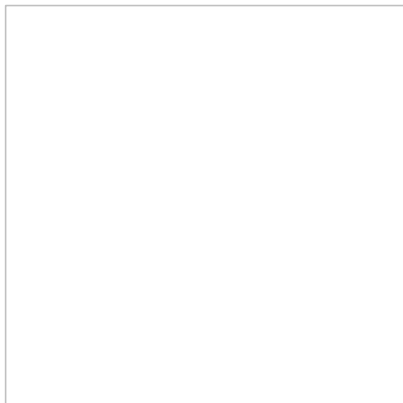


Now Airing on PBS: Protect Your Memory with Dr. Barnard

Tue, 03/12/2013 - 9:37am -- Saladmaster



Now airing on PBS stations across the United States is the *Protect Your Memory* feature program with Dr. Neal Barnard, nutrition researcher and founding president of the Physicians Committee for Responsible Medicine.

In this program, designed to go hand-in-hand with his new book *Power Foods for the Brain*, Dr. Barnard discusses his groundbreaking research on the important role that food plays in brain health, including how foods may hinder the onset of Alzheimer's and other diseases of the brain that affect memory. Dr. Barnard also outlines a 3-step program on how to help protect the mind and strengthen memory.

Included in this program will be two short features spotlighting Saladmaster as the nutrition-protecting cookware; and a 30 second feature in every *Protect Your Memory* DVD that is marketed.

Check your local listings for dates and times.

Saladmaster has been a proud sponsor of PCRM and the Food for Life nutrition education and cooking class program since 2008. Saladmaster and PCRM share the same philosophies of teaching people how to prepare healthful, delicious meals through cooking classes and demonstrations while sharing empowering information

on how simple everyday choices can improve health and well-being.

For more information on Dr. Neal Barnard and PCRM, please visit www.pcrm.org.

Further information regarding Saladmaster and Healthy Solutions 316Ti Cookware can be found at www.saladmaster.com.

For healthy vegan recipes, click [here](#).

Tags: [Health & Nutrition](#)
