Avocado Shrimp Salad



Prep:

5 minutes

Total:

15 minutes

Makes:

10 - 1 cup servings

Utensil:

Saladmaster Food Processor 6.5 Qt. Double Walled Bowl Rate

Recipe:

Contributed By:

Diana Valenciano Write a Review

Recipe Description:

This easy to make and delicious salad is the perfect refreshing treat on a summer day. Pair with some tortilla chips or tostadas for an extra crunch and flavor.

2 cucumbers, shredded, use Cone #2 $\frac{1}{2}$ medium

red onion, strung, use Cone #2

12 0

shrimp, tail-off peeled & deveined, cut into $1\!\!/_{\!\scriptscriptstyle 2}$ inch pieces

2 large

1

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avocados, diced

'\frac{1}{2} cup
cilantro

'\frac{1}{4} cup
lime juice
1 tbsp
garlic, shredded, use Cone #1
1 tsp
natural salt
1 tsp
black pepper
2 cups
cherry tomatoes, cut into fourths
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Directions:

- 1. Use the Saladmaster Food Processor and on Cone #2 process the cucumbers and onion. Use Cone # 1 to shred/mince the garlic.
- 2. Add the shrimp, tomatoes, avocado, cilantro, lime juice and salt/pepper and combine.
- 3. Season to taste. Add additional lime juice to taste.
- 4. Serve over corn tostadas, chips or on its own.

Nutritional Information per

Calories: 115
Total Fat: 6g
Saturated Fat: 1g
Cholesterol: 66mg
Sodium: 315mg
Total 7g
Carbs:

Dietary Fiber: 4g

Sugar: 2g Protein: 9g