Coconut Nutella Lava Cake



Makes:

6 - 8 servings

Utensil:

1 Qt./.9 L Sauce Pan with Cover 5 Qt./4.7 L Multi-Purpose Oil Core small mixing bowl medium mixing bowl Rate

Recipe:

Contributed By:

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Karen Petersen
Contributing Recipe Editor
Write a Review
     1 cup
flour
(120
g)
     1/2 cup
       powdered sugar
(50
g)
   1 1/2 teaspoons
       baking powder
(7
g)
       coconut milk, light, divided
(630
mL)
     2 tablespoons
vegetable oil
(30
mL)
     1 teaspoon
vanilla
(5
mL)
       shredded coconut (additional for garnish if desired)
(40
g)
     \frac{1}{2} cup
       Nutella hazelnut spread
(148
g)
```

Directions:

1

- 1. In a medium mixing bowl, combine flour, powdered sugar, baking powder, cup (160mL) coconut milk, oil, vanilla and coconut. Whisk until smooth and then stir in the Nutella.
- 2. Lightly spray MP5 with coconut oil spray and pour in batter.
- 3. In small mixing bowl, blend sugar and cocoa powder. Sprinkle on top of batter in MP5.
- 4. In sauce pan, bring remaining 2 cups (470mL) of coconut milk to simmer. Pour over the batter in MP5; do not stir. Cover.
- 5. Set temperature probe to 180°F/80°C and cook for 2 hours, or until cake is done (cake will float to the top and a chocolate fudge sauce will develop under the cake).
- 6. Scoop out cake into individual bowls and drizzle with the chocolate sauce. Top with additional coconut, if desired. Serve with vanilla ice cream.

Tips:

· Any brand of hazelnut spread may be substituted.

Nutritional Information per

* Serving

Calories: 323
Total Fat: 13g
Saturated Fat: 7g
Cholesterol: 0mg
Sodium: 127mg
Total 51g

Carbs:

Dietary Fiber: 3g Sugar: 33g Protein: 5g