

Quick and Easy Tomato Salsa



This low-calorie, fat-free salsa is great with tortilla chips and can also be served over scrambled eggs, meat loaf, burgers, fish and roast beef.

- In electric food processor or blender, combine 1 halved clove garlic, 1 halved, seeded, hot red or green chile pepper, 1 quartered medium onion and 1/2 cup quartered tomatoes. Process until coarsely chopped.
- Add 5 1/2 cups quartered tomatoes and process just to combine.
- Transfer to 1 Quart Sauce Pan. Cover and cook over medium heat until Vapo-Valve™ clicks. Reduce heat to low and cook 2 minutes. Remove from heat.
- Stir in 1/2 cup chopped cilantro. Cool before serving.

Rating:

