3-Ingredient Appetizer



Makes:

16 servings, approximately 5 links per serving

Utensil:

5 Qt./4.7 L Multi-Purpose Oil Core

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Recipe:

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Recipe Description:

It's as easy as 1-2-3. Not only is this appetizer quick and easy, but it's delicious too. And cooking in the Saladmaster® Multi-Purpose 5 Qt. Oil Core is also as easy as 1-2-3. With this three ingredient recipe and the Saladmaster® MP5 you are always ready at a moment's notice to entertain a crowd.

Directions:

- 1. Place chili and grape jelly in MP5 and use a whisk to blend ingredients well.
- 2. Place sausages in MP5 and mix with blended ingredients.
- 3. Set digital probe temperature to 190°F/90°C and timer to 45 minutes.
- 4. Serve warm.

Tips:

- The MP5 can hold 5-times the ingredients of this recipe for large groups.
- If using 3 Quart Sauce Pan, place ingredients in pan on medium heat. When Vapo-Valve™ clicks, reduce heat to low, cover and cook for 45 minutes.
- Can substitute any type of sausage. However, in many commercial brands, turkey sausages are one-half the calories and have 3-times less fat than pork or beef sausages.
- Can freeze sausages in the package to have ready and available
- If you have extra sauce, you can freeze to use at a later time.

Nutritional Information per

▼ Serving

Calories: 130
Total Fat: 5g
Saturated Fat: 2g
Cholesterol: 35mg
Sodium: 960mg
Total 18g

Carbs:

1

Dietary Fiber: 0g Sugar: 1g Protein: 8g