

Saladmaster Fruit Salad



Prep:

10 mins

Total:

20 mins

Makes:

20 servings

Utensil:

Saladmaster Food Processor

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Recipe:

Contributed By:

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Recipe Description:

Fruit Salad will always be a favorite at any gathering. With the Saladmaster Food Processor, you can whip up a fruit salad for everyone to enjoy in minutes! Pick your favorite fruits and let the processor do the rest for you!

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2 cantaloupes, sliced, use Cone #3
 1 honeydew melon, sliced, use Cone #3
 1 small
 watermelon, seedless, use Cone #4
 10 strawberries, sliced, use Cone #3
 6 kiwis, peeled and sliced, use Cone #4
 1 orange, juiced
 ½ orange zest, shredded, use Cone #1
 1 pint
 blueberries

Directions:

1. Use a knife to slice whole watermelon in half. Then slice each half into 3 or 4 equal sections. Do the same with the honeydew, and cantaloupe melons.
2. Remove the food guide from Food Processor. Process honey dew and cantaloupe using No. 3 cone. Then place strawberries in hopper of Food Processor to process using no. 3 cone.
3. Using a knife, take each piece of watermelon and apply 3 horizontal cuts of equal width (see video). Process watermelon and kiwi using No. 4 cone.
4. Using No. 1 cone, grate zest from orange.
5. Add blueberries and freshly squeezed orange juice.
6. Combine ingredients well and chill until ready to serve. Enjoy!

Nutritional Information per

▼ Serving

Calories: 108
Total Fat: 1g
Saturated Fat: 1g
Cholesterol: 0mg
Sodium: 11mg
Total 25g
Carbs:
Dietary Fiber: 4g
Sugar: 18g
Protein: 1g