

## Vegetable Chicken Alfredo



### Prep:

5 minutes

### Total:

40 minutes

### Utensil:

6 Qt. Tureen Plus (Limited Edition) Complete Gourmet Collection

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### Recipe:

### Contributed By:

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### Recipe Description:

From frozen to finish in just 35 minutes! Perfect for those late nights when you get home late and don't want to fuss with dinner. Just add all of the ingredients into the Tureen Plus and in 35 minutes, you'll have a delicious meal ready for the entire family to enjoy. Use any frozen vegetable of your choice.

2.5 lbs  
frozen chicken strips  
3 - 12 oz  
bags frozen California blend vegetables (broccoli, carrots and  
cauliflower)  
22 oz  
alfredo sauce  
1 cup  
parmesan cheese, shredded, use Cone #1

**Directions:**

1. Place frozen chicken strips into the bottom of the 6 Qt. Tureen Plus.
  2. Add the frozen vegetables and pour the alfredo sauce over the vegetables.
  3. Set temperature to medium. When Vapo-Valve™ begins to click steadily, turn heat to low and cook for 35 minutes.
  4. Remove from heat, add Parmesan cheese and stir.
  5. Let stand for 5 minutes and enjoy!
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