

Blueberry Sauce



Makes:

Approximately 9 ounces (255 g)

Utensil:

1 Qt./9 L Sauce Pan with Cover

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Contributed By:

Jael Tanti
Authorized Saladmaster® Dealer
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Recipe Description:

This sauce is wonderful over the [Gluten-Free Pancakes](#).

1¹/₂
cups
blueberries
(222
g)
2
tablespoons
agave syrup
(42
g)

Directions:

1. Place blueberries and agave syrup into sauce pan, cover and place over medium heat.
2. When Vapo-Valve? clicks, turn heat to low and simmer for 5 minutes. Best served warm.

Nutritional Information per Serving

Calories:

247

Total Fat:

1g

Saturated Fat:

0g

Cholesterol:

0mg

Sodium:

2mg

Total Carbs:

32g

Dietary Fiber:

5g

Sugar:

22g

Protein:

2g