

Blueberry Sauce



Makes:

Approximately 9 ounces (255 g)

Utensil:

1 Qt./9 L Sauce Pan with Cover

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Recipe:

Contributed By:

Jael Tanti
Authorized Saladmaster® Dealer
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Recipe Description:

This sauce is wonderful over the [Gluten-Free Pancakes](#).

1½ cups
blueberries
(222
g)
2 tablespoons
agave syrup
(42
g)

Directions:

1. Place blueberries and agave syrup into sauce pan, cover and place over medium heat.
2. When Vapo-Valve™ clicks, turn heat to low and simmer for 5 minutes. Best served warm.

Nutritional Information per	
Serving	
Calories:	247
Total Fat:	1g
Saturated Fat:	0g
Cholesterol:	0mg
Sodium:	2mg
Total	32g
Carbs:	
Dietary Fiber:	5g
Sugar:	22g
Protein:	2g