Broccoli Stalk Salad



Prep:

10 minutes

Total:

10 minutes

Makes:

9 servings, approximately 1 cup each

Utensil:

Saladmaster Food Processor 3.5 Qt. Double Walled Bowl Rate

Recipe:

Contributed By:

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Write a Review

Recipe Description:

For a fresh fun salad and a creative way to use an entire broccoli stalk, try this lightly sweet broccoli stalk salad. This vegan recipe and summertime salad is an easy way to use up leftover broccoli stalks and turn them into a healthy, delicious meal.

Directions:

- 1. Add all ingredients to the doubled walled bowl, except mayonnaise and agave nectar.
- 2. In a small bowl, stir together mayonnaise and agave nectar until well blended.
- 3. Pour over salad and stir gently.

Nutritional Information per

* Serving

Calories: 280
Total Fat: 9g
Saturated Fat: 1g
Cholesterol: 0mg
Sodium: 173mg
Total 41g

Carbs:

Dietary Fiber: 4g **Sugar:** 6g

Protein: 5g

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