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Chocolate Lava Cake



Makes:

10

Utensil:

3 Qt. Ultimate Culinaire with Cover (Limited Edition) 2 Qt./1.8L Sauce Pan with Cover large mixing bowl Rate ★★★★☆ Recipe:

Contributed By:

Carolyn Evans Write a Review

Recipe Description:

Calling all chocolate lovers! This cake recipe will make you question every single chocoalte cake you've ever had and make you wonder, "Where have you been all my life!?" Filled with a decadant chocolate filling, every bite will be a dream come true. Easy to make in the 3 Qt. Ultimate Culinaire!

```
16 oz
semisweet baking chocolate, chopped
(453
g)
      1 stick
unsalted butter
     \frac{3}{4} cup
        sugar, (additional tbsp for coating pan)
(150
g)
     10 large
eggs, whole
    1\frac{1}{2} cups
        all-purpose flour
(187
g)
      <sup>3</sup>∕₄ tsp
        kosher salt (optional)
(2
g)
coconut oil spray
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Directions:

- 1. Spray pan lightly with coconut oil spray. Place tablespoon of sugar into pan then rotate until sugar has coated the pan.
- 2. Place chocolate in a 2-quart sauce pan and melt over low heat; cook until all chocolate is completed melted, stirring

occasionally; approximately 4-5 minutes.

- 3. In a large mixing bowl, beat butter and sugar together with electric mixer or a whisk; add eggs and beat until mixture has doubled in size; approximately 2 minutes.
- 4. Add melted chocolate to mixture, and beat together with the electric mixer or a whisk until everything is combined and the mixture is starting to foam, about a minute. Fold in flour and salt, and stir until mixture is thoroughly blended.
- 5. Pour batter into the Ultimate Culinaire pan, and then place pan on stove burner over medium-low heat for 30 minutes. (Cooking time may vary depending on stove temperature)
- 6. Let the finished cake rest in the pan with cover on for five minutes when finished baking. Then, shake the pan to loosen cake from edges of pan; remove cover, and invert over on to a dessert platter, and tap the bottom of the pan so that the cake falls out onto the platter.
- Serve immediately. (Optional) Garnish with powdered sugar, whipped cream, and berries or a side of vanilla ice cream. Cake will have a fudge center when cut into.

Nutritional Information per

▼ <u>Serving</u>	
Calories: 487	
Total Fat: 27g	
Saturated Fat: 15g	
Cholesterol: 210mg	
Sodium: 221mg	
Total 57g	
Carbs:	
Dietary Fiber: 3g	
Sugar: 39g	
Protein: 10g	