

Horseradish-Apple Dip



Makes:

2 cups (460g), serving size 2 tablespoons (29g) per serving

Utensil:

Saladmaster Food Processor
medium mixing bowl

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Recipe:

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1 cup
sour cream
(230
g)
 $\frac{3}{4}$ cup
granny smith apples, shredded, use Cone #1
(95
g)

Directions:

1. In medium bowl, place all ingredients through black pepper. Blend thoroughly.
2. Fold in chives, if using.
3. Refrigerate for at least 2 hours to allow flavors to blend and dip to thicken. Can be made the night before.

Tips:

- Serve with vegetable chips, baked crackers or apple wedges.
- Delicious side dip for roast beef.

[Nutritional Information per](#)

▼ [Serving](#)

Calories: 37
Total Fat: 3g
Saturated Fat: 2g
Cholesterol: 6mg
Sodium: 78mg
Total 2g
Carbs:
Dietary Fiber: 0g
Sugar: 1g
Protein: 1g