Just Peachy Sweet Potatoes



Makes:

10 servings

Utensil:

Saladmaster Food Processor 12" Electric Oil Core Skillet Rate ຜ່ານ ເພື່ອ

Recipe:

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Directions:

- 1. Combine peach pie filling, brown sugar, lemon juice and cinnamon in electric skillet.
- 2. Set electric skillet temperature to 275°F/135°C. Heat and continue to stir ingredients until bubbly. Stir in sweet potatoes and cover.
- 3. Cook at 275°F/135°C until Vapo-Valve™ begins to click. Reduce temperature to 200°F/93°C and cook for 15 20 minutes.

Tips:

- Cooking time may vary depending on how firm you like the sweet potatoes.
- Serve this dish in a small angel food cake cup and compliment with a dollop of whip cream, if desired.

Nutritional Information per

▼ <u>Serving</u>

Calories: 176
Total Fat: 1g
Saturated Fat: 0g
Cholesterol: 0mg
Sodium: 43mg
Total 44g

Carbs:

Dietary Fiber: 2g Sugar: 30g Protein: 2g

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