

Rainbow Fruit Salad



Makes:

8 servings

Utensil:

Saladmaster Food Processor

3.5 Qt. Double Walled Bowl

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Contributed By:

Saladmaster® Machine Instruction Manual

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Recipe Description:

¹?₂
cantaloupe, processed, use Cone #3

¹?₂
honey dew melon, processed, use Cone #3

1
banana, waffled, use Cone #5

1
apple, strung, use Cone #2

1
pear, strung, use Cone #2

¹?₂
lemon zest grated, use Cone #1, save lemon for juice

¹?₂
lime zest grated, use Cone #1, save lime for juice

Directions:

1. In a large bowl, gently toss fruit to mix.
2. Juice lemon and lime over fruit as the dressing and to prevent the fruit from turning brown. Gently toss to mix.

Serve chilled.

Tips:

- Try adding papaya, pineapple or pecans to this salad.
- Easily customize this dish to fit your unique taste preferences with your favorite fruits.

Nutritional Information per Serving

Calories:

73

Total Fat:

0g

Saturated Fat:

0g

Cholesterol:

0mg

Sodium:

17mg

Total Carbs:

19g

Dietary Fiber:

2g

Sugar:

14g

Protein:

1g