Spanish Paella



Prep:

10 mins

Total:

45 mins

Makes:

8-10 servings

Utensil:

6 Qt. Grand Gourmet with Cover (Limited Edition) Saladmaster Food Processor

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Recipe:

Contributed By:

Diana Valenciano Write a Review

Recipe Description:

Valencian (Spanish) Paella is an internationally known rice dish from Spain that can be made with a varitey of ingredients. You can make this dish vegetarian by using vegetable stock and using vegetables instead of meat. This is the perfect recipe to make in our Limited Edition Saladmaster Grand Gourmet for entertaining and feeding a large crowd.

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rice, valencia
(400)
g)
     1 medium
white onion, strung, use Cone #2
     3 chicken thighs, cubed
     2 chorizo sausages, sliced
     3 garlic cloves, shredded, use Cone #1
     1 tsp
black pepper, ground
(5
g)
    28 oz
canned diced tomatoes, with juices
(400
g)
     4 cups
chicken broth, low sodium
(950
ml)
     1 cup
green beans, Italian style
(125)
g)
     1 tbsp
smoked paprika
(6
g)
salt to taste (optional)
  8-10 jumbo shrimp, shelled and deveined
    15 mussels, scrubbed and rinsed
lemon wedges
cilantro, chopped
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Directions:

- 1. Preheat skillet, approximately 5-7 minutes or until a sprinkle of water skitters and dissipates.
- 2. Add onion, chicken, chorizo, garlic and pepper to skillet and cover. Cook for 5-7 mins or until chicken has cooked through.
- 3. Add diced tomatoes, rice, chicken broth, green beans and smoked paprika to the skillet, combine and cover. Cook for 20 mins or until rice has cooked through.
- 4. Once rice has cooked through, place the shrimp and mussels over the rice. Cover and cook approximately 3-5 mins, or until shrimp is pink and mussels have opened up.
- 5. Garnish with lemon wedges and cilantro. Serve warm.

Nutritional Information per

Serving Calories: 424 Total Fat: 15g Saturated Fat: 5g Cholesterol: 200mg Sodium: 506mg **Total** Carbs: Dietary Fiber: 2g Sugar: 2g Protein: 38g